

Mental Health Ambassadors

Please send completed applications to Dr. Emily Lazar at the Counseling Center (in the Annas Student Support Building behind the Post Office). You may also bring completed applications to the Counseling Center. The completed applications and two reference forms, all placed in a sealed envelope, are due by March 2nd.

Name: _____

Address: _____

Academic Year: _____ Major: _____

GPA: _____ (3.0 min required)

Email Address: _____ Phone #: _____

Becoming involved as a Mental Health Ambassador will entail giving presentations on mental health issues to classes, organizations, and the university community in general, as well as creating displays across campus to encourage positive mental health. Please describe your interest in becoming a Mental Health Ambassador (why are you interested in joining? What do you hope to get out of this experience?).

Please list or describe any skills, coursework, volunteer, or paid experiences you have that might be relevant to the work you would be doing as a volunteer Mental Health Ambassador (e.g., psychology and/or communications classes, experience in leading, organizing events, and presentations; working with people having mental health concerns, etc.):

Mental Health Ambassadors will be required to attend weekly staff meetings, participate in 5 outreach presentations per semester, and a year-long (Fall/Spring semester) commitment. WE WILL NOT ACCEPT APPLICATIONS FROM INDIVIDUALS WHO CANNOT PARTICIPATE BOTH SEMESTERS. There will also be a required training seminar (to take place on **Friday August 17** and **Monday August 20** (before classes start)).

Are you willing and able to do this? YES NO

Please contact Dr. Emily Lazar or Dr. Leslie Martin at the Counseling Center (**262-3180**) if you have questions about the MHA program or application process.