

S'MORGASBOARD

APRIL 2015 DIVERSITY NEWSLETTER
ASU COUNSELING & PSYCHOLOGICAL SERVICES CENTER



Autism Awareness Month



Celebrate Diversity Month



Passover April 3 (sunset) - April 11 (sunset)

SAMPLING OF EVENTS

The 2015 Diversity Celebration will be held on April 14, 2015 from 3:00 p.m. to 9:00 p.m.

April 1st: International Coffee Hour (Hmong Society Club) from 12:30 - 2:00 p.m.

April 1st: Annual Asian Fest from 6:00 - 9:00 p.m. in Parkway Ballroom

April 2nd: *Comeback Shack* Fundraiser (Hmong Society Club)

April 8th: Mountaineer Passover Dinner (Hillel) from 7:00 - 9:00 p.m. in Parkway Ballroom

April 14th: Diversity Celebration from 3:00 - 9:00 p.m.

April 18th: Autism Speaks U 5k run/3k walk

April 27th: Multicultural Student Development Awards Banquet from 7:00 - 9:00 p.m. in Blue Ridge Ballroom

APRIL BUFFET

Celebrate Diversity Month

Autism Awareness Month

April 2 is World Autism Awareness Day.

April 3 is Good Friday (Christianity).

April 3 (sunset) - April 11 (sunset) is Passover (Judaism).

April 5 is Easter (Christianity).

Look at the Calendar for events going on this month at Appalachian State!

S'MORE INFORMATION

April is **Celebrate Diversity Month**! Celebrate diversity on Appalachian State's Campus this month at the annual Spring Diversity Celebration on April 14th! The diversity celebration will include international music, dancing, free food and imaginative crafts. Everyone is welcome. Keep an eye out for the Counseling Center booth and try to catch a guided meditation!

Autism Awareness Month was created to help raise awareness about autism around the world.

Autism falls under the spectrum of intellectual disabilities. Here at Appalachian State, the Scholars with Diversity Abilities Program (SDAP) serves individuals with intellectual disability who wish to experience college life. SDAP is a two-year collegiate program that provides the college experience, both the academic and social aspects. "It's a fairly new concept for people with intellectual disabilities to pursue college. There are only about 200 programs in the United States," says Sarah Teel, SDAP's MSW student intern. The concept of inclusivity is strongly emphasized and the overall goal of SDAP. If you are interested in volunteering for this program or being a paid roommate please contact sdap@appstate.edu.

BRAIN FOOD

April Workshop

Reducing Stress with Mindfulness

Wednesday, April 15th 12:30-1:30pm Three Top Mountain Room/Plemmons Student Union

Extra credit slips will be made available.

Suicide Prevention Outreach

Interested in training your group, club, organization or team about suicide prevention? Contact Denise Lovin at the ASU Counseling Center 828-262-3180 or lovindm@appstate.edu

April 2015

Campus & Community Events

Celebrate Diversity Month

Autism Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Free Tai Chi at 5 p.m. & Free Painting Class at 7 p.m. - Tuesdays at Turchin	Annual Asian Fest from 6:00 - 9:00 p.m. in Parkway Ballroom	World Autism Awareness Day Autism Awareness: Light it up Blue 5 p.m. on Sanford Mall <i>Comeback Shack</i> Fundraiser	Good Friday Passover Begins (Sunset)	Healing Arts Yoga 10:30 a.m. - 12:00 p.m. \$5 for ASU students Turchin Center
Easter	State Holiday (University Closed)	State Holiday (University Closed)	Mountaineer Passover Dinner (Hillel) from 7 - 9 p.m. in Parkway Ballroom		Global Opportunities Conference: Grandfather Mountain Room (9 a.m. - 5 p.m.)	Passover Ends (Sunset) Equality in Action Conference 9:00 a.m. - 7:00 p.m.
		Diversity Celebration from 3:00 - 9:00 p.m. Free Tai Chi at 5 p.m. & Free Painting Class at 7 p.m. - Tuesdays at Turchin Last day to drop a second half class	Reducing Stress with Mindfulness: 12:30 -1:30 p.m. Three Top Mountain The History of the Negro Leagues Baseball Era and Players 7:00 p.m.		Classes cancelled until 1:00 p.m. (Chancellor Everts' Installation at 10:00 a.m. in Holmes Convocation Center)	Healing Arts Yoga 10:30 a.m. - 12:00 p.m. \$5 for ASU students Turchin Center Autism Speaks U 5k run/3k walk Dance for a Difference 3:00 p.m. - 11:59 p.m.
		Free Tai Chi at 5 p.m. & Free Painting Class at 7 p.m. - Tuesdays at Turchin	Aquí y Allá : Global film series 6:30 p.m. - 9:00 p.m.	18th Annual Celebration of Student Research and Creative Endeavors 9:00 a.m. - 5:00 p.m.		Healing Arts Yoga 10:30 a.m. - 12:00 p.m. \$5 for ASU students Turchin Center
	Multicultural Student Development Awards Banquet from 7:00 - 9:00 p.m. in Blue Ridge Ballroom	Free Tai Chi at 5 p.m. & Free Painting Class at 7 p.m. - Tuesdays at Turchin				