

# S'MORGASBOARD

March 2014 DIVERSITY NEWSLETTER

ASU COUNSELING & PSYCHOLOGICAL SERVICES CENTER



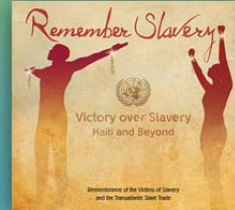
March 21  
International Day for the  
Elimination of Racial  
Discrimination



Mental Retardation  
Awareness Month



March 20  
International Day of Happiness



March 25  
International Day of  
Remembrance of the  
Victims of Slavery and the  
Transatlantic Slave Trade



American Red Cross Month

## SAMPLING OF EVENTS

Belk Library & Information Commons Presents the Global Film Series, a cooperative campus effort to provide a blend of cinema from around the world, in various languages, and representing a wide variety of cinematic genres running March and April.  
[guides.library.appstate.edu/globalfilmseries](http://guides.library.appstate.edu/globalfilmseries)

The Multicultural Student Development office begins the Queer Film Series this March as an effort to increase campus and community awareness of the histories, lives, and cultures of LGBTQI (lesbian, gay, bisexual, transgender, questioning, and intersex) persons. [multicultural.appstate.edu](http://multicultural.appstate.edu)

Due to winter storms across the nation, there is an urgent need for blood. In honor of Red Cross Month, donate blood this month at locations across Boone. To find a location near you, type in your zip code at [www.redcrossblood.org](http://www.redcrossblood.org)

## MARCH BUFFET

**Brain Injury Awareness Month, Gender Equality Month, Mental Retardation Awareness Month, Nutrition Month, Red Cross Month, Self-Harm Awareness Month, Social Worker's Month, Women's History Month, National Youth Violence Prevention Week (March 22-26), Awareness Week Against Homophobic & Transphobic Bullying (March 10<sup>th</sup>-14<sup>th</sup>)**

## S'MORE INFORMATION

Do you or someone you know have an intellectual or developmental disability and need assistance in an academic or workplace setting at ASU? According to ASU policy, no qualified individual with a disability in the United States shall be excluded from, denied the benefits of, or be subjected to discrimination under any program or activity that receives federal financial assistance. To register and find support of resources and services visit: [ods.appstate.edu](http://ods.appstate.edu).

Want more information about how to promote and support human rights of people with intellectual and developmental disabilities? The Arc, a national community-based organization that advocates for serving people with intellectual and developmental disabilities and their families, has 28 chapters in North Carolina. For more information, visit: [www.thearc.org](http://www.thearc.org)

## BRAIN FOOD

Look for ASU Counseling Center workshops and programs in the March Calendar

### Transfer Connect

A program tailored for transfer students  
Prizes for attending and participating  
Thursday, March 6<sup>th</sup> and March 27<sup>th</sup>

### Feelin' Good in the Neighborhood

March Wellness Workshops  
Monday, March 3<sup>rd</sup> and Tuesday, March 18<sup>th</sup>

Interested in training your group, club, organization or team about suicide prevention? Contact Denise Lovin at the ASU Counseling Center 828-262-3180 or [lovindm@appstate.edu](mailto:lovindm@appstate.edu)

# March 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
*New events are created each week, so check out some of these websites for more information:	counseling.appstate.edu events.appstate.edu multicultural.appstate.edu csil.appstate.edu studentdev.appstate.edu toddsalendar.com				Spring Appalachian Dance Ensemble, Feb 28 <sup>th</sup> -March 1 <sup>st</sup> Valborg Theatre, 7:30pm, \$8/\$15	<b>Zero Discrimination Day [UNAIDS]</b> Black Sheep Theatre presents: <i>Brown: Jesus from Another Planet</i> , IG Greer, 8pm, \$5
2	3	4	5	6	7	8
Craig Robinson, Convocation Center, 8pm, \$12/\$16	<b>National Unity Day (Sudan)</b> Wellness Workshop: Sex in the Dark, Three Top Mountain, PSU, 6PM Women Composers Concert, Rosen Recital Hall, 8pm	<b>Lantern Festival (Taiwan)</b> Every Tuesday Tai Chi, Turchin Center, 5pm. FREE  <i>STOMP</i> , Schaefer Center, 8pm, \$18	<b>Ash Wednesday</b> Carolina Chowdown: A Local Food Feast, Rivers Street Café, 11am St. Patrick's Day Event, Parkway Ballroom, 6pm, \$3	Transfer Connect: You Bet Your Life, New River Rm, PSU, 5PM  Figure Drawing, Turchin Center, 7pm, FREE	First Friday Art Crawl, 6-10pm	<b>International Women's Day</b> Healing Arts Yoga Turchin Center, 10:30am, continues every Saturday this month, \$5
9	10	11	12	13	14	15
(Daylight Saving Time Begins) 	 National Napping Day		 Become a Stand Up! Activist and help End Homophobic Bullying	Old-time Jam Session, Jones House, 7:30 every Thursday		<b>Universal Women's Week</b>  Caldwell Traditional Musicians Showcase, J.E. Broyhill Civic Center, 7:30pm, \$5
16	17	18	19	20	21	22
<b>Purim (Hebrew)</b> Black Cinema Sundays Black Student Association presents <i>Hip Hop: Beyond Beats &amp; Rhymes</i> , Greenbrier, 7pm	<b>Saint Patrick's Day</b>  Guided Meditation, 3 <sup>rd</sup> Place, 5:30, FREE every Monday this month	Wellness Workshop: Trips for Managing March "Madness", Three Top Mountain, PSU, 8PM Dept of Geology presents <i>Shored Up</i> , IG Greer, 7pm, FREE	<b>St. Joseph (Columbia)</b> Adopt a Fish, Calloway Peak, 11am, FREE <i>deepsouth</i> Screening and Discussion Panel with flimaker Lisa Biagiotti, Blue Ridge Ball room, PSU, 7pm	<b>Spring Equinox International Earth Day</b>  Dept of Theatre presents <i>Love's Labour's Lost</i> , Valborg Theatre March 19-23, 7:30 pm, \$8/\$15	<b>World Down Syndrome Day International Day of Nowruz</b>  53rd Boyles CEO Lecture featuring Kenneth Peacock, Convocation Center, 10am, FREE	<b>World Water Day</b> <i>The Hobbit: The Desolation of Smaug</i> , IG Greer, March 20-22, 7pm & 10pm, \$1
23	24	25	26	27	28	29
<b>National Doctor's Day</b>  30 From Caterpillar to Butterfly, Elk Knob State Park, 2pm	<b>International Day for the Right to the Truth concerning Gross Human Rights Violations and for the Dignity of Victims</b>  31	Free Paining Class, Turchin Center, 7pm, FREE	NouN comedy team, Legends, 8pm  Acro-Yoga, 3 <sup>rd</sup> Place, 6:30, FREE every Wednesday this month	Transfer Connect: Get Active, New River Rm, PSU, 5PM  <i>Pariah</i> Screening and Discussion, 114 Belk Library, 7pm.	Equality in Action Conference, PSU, All day, \$20 March 28-30.  <i>Frozen</i> , IG Greer, March 27-29, 7pm & 10pm, \$1	<b>Earth Hour</b>  Observed from 20:30 to 21:30 hour local around the world in order to conserve energy and awareness to environmental degradation.